

Prayer Sheet 148: Christ Suffered for Us

Prepare Heart (Enter the Prayer Room 15 minutes prior, wait on God in praise and worship music)

I. Praise (12-15 minutes): Praise God for who He is, His attributes, His name, or His character (use short prayers with God's word, no intercessory requests during this time).

Attribute: Christ Suffered for Us

Declaration: Christ suffered for our transgressions, He was bruised for our iniquities; the punishment for our peace was upon Him, and by His stripes, we are healed.

Scriptures (ESV):

- [Isaiah 53:4-5a] Surely he has borne our griefs and carried our sorrows; yet we esteemed him stricken, smitten by God, and afflicted. But he was pierced for our transgressions; he was crushed for our iniquities.
- [2 Corinthians 1:4-5] Who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God. For as we share abundantly in Christ's sufferings, so through Christ we share abundantly in comfort too.
- [Philippians 3:7,10] Whatever gain I had, I counted as loss for the sake of Christ...that I may know him and the power of his resurrection, and may share his sufferings, becoming like him in his death
- [Hebrews 2:9-10] But we see him who for a little while was made lower than the angels, namely Jesus, crowned with glory and honor because of the suffering of death, so that by the grace of God he might taste death for everyone. For it was fitting that he ... in bringing many sons to glory, should make the founder of their salvation perfect through suffering.
- [1 Peter 1:10-11] Concerning this salvation, the prophets who prophesied about the grace that was to be yours searched and inquired carefully, inquiring what person or time the Spirit of Christ in them was indicating when he predicted the sufferings of Christ and the subsequent glories.
- [1 Peter 3:18] For Christ also suffered once for sins, the righteous for the unrighteous, that he might bring us to God, being put to death in the flesh but made alive in the spirit.

II. Confession (2-3 minutes): Confess and repent. "If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness." 1 John 1:9 (NKJV)

III. Thanksgiving (8-12 minutes): Thank God for what He has done; also thank God for adversities, submitting to God's sovereignty. No intercessory requests during this time. "In everything give thanks; for this is the will of God in Christ Jesus for you." 1 Thessalonians 5:18 (NKJV)

IV. Intercession (30-40 minutes): According to the theme of the day, first pray the scriptures then pray for specific matters. Group 2-3 intercessors together.

Intercessory Scriptures:

For believers, choose a1 or a2

a1. Heavenly Father, since Christ suffered for us in the flesh, please help ____ to have the same mind, for he who has suffered in the flesh has ceased from sin. Please help ____ not to live the rest of the time in the flesh for the lusts of men, but for Your will. (1 Peter 4:1-2)

a2. Heavenly Father, please help ____ to count it all joy when falling into various trials, knowing that the testing of ____'s faith produces patience. But let patience have *its* perfect work, that ____ may be perfect and complete, lacking nothing. (James 1:2-4)

For unbelievers

Heavenly Father, please give to ____ the spirit of wisdom and revelation so that ____ may know You. Open the eyes of ____, turn ____ from darkness to light, from the power of Satan to God, so that ____ may receive forgiveness of sins and a place among those who are sanctified by faith in Jesus Christ. (Ephesians 1:17; Acts 26:18)

Pray for schools/workplaces: (5-10 minutes) Use scriptures "a" or "b" to pray for principals, teachers/bosses, employees; pray for spiritual awakening and revival, protection, etc.

V. Pray for Nations, Churches/Organizations, and All People (5 minutes): Pray freely for the following points as the Holy Spirit leads. **1. Nations:** nations and governments, those in authority, peace, justice, the spread of the Gospel, and the salvation of people; **2. Churches/Organizations:** churches, ministries, missions, and their leaders; unity, holiness, wisdom, strength, protection, and faithfulness in fulfilling God's calling; **3. All People:** families, children, young people, and those in need. (Note: Keep the content of intercession in the prayer room, do not spread it out!)