

## Prayer Sheet 218: God Delivers the Afflicted

Prepare Heart (Enter the Prayer Room 15 minutes prior, wait on God in praise and worship music)

**I. Praise** (12-15 minutes): Praise God for who He is, His attributes, His name, or His character (use short prayers with God's word, no intercessory requests during this time).

**Attribute:** God Delivers the Afflicted

**Declaration:** The Almighty Lord delivers us from distress; You are our help and refuge in times of trouble, and Your lovingkindness endures forever.

**Scriptures (ESV):**

- [Job 36:15-16] He delivers the afflicted by their affliction and opens their ear by adversity. He also allured you out of distress into a broad place where there was no cramping, and what was set on your table was full of fatness.
- [Psalm 22:23-24] You who fear the Lord, praise him! All you offspring of Jacob, glorify him, and stand in awe of him, all you offspring of Israel! For he has not despised or abhorred the affliction of the afflicted, and he has not hidden his face from him, but has heard, when he cried to him.
- [Psalm 34:6, 17] This poor man cried, and the Lord heard him and saved him out of all his troubles... When the righteous cry for help, the Lord hears and delivers them out of all their troubles.
- [Psalm 107:40-42] He pours contempt on princes and makes them wander in trackless wastes; but he raises up the needy out of affliction and makes their families like flocks. The upright see it and are glad, and all wickedness shuts its mouth.
- [Isaiah 49:13] Sing for joy, O heavens, and exult, O earth; break forth, O mountains, into singing! For the Lord has comforted his people and will have compassion on his afflicted.
- [Nahum 1:7-8] The Lord is good, a stronghold in the day of trouble; he knows those who take refuge in him. But with an overflowing flood he will make a complete end of the adversaries, and will pursue his enemies into darkness.

**II. Confession** (2-3 minutes): Confess and repent. "If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness." 1 John 1:9 (NKJV)

**III. Thanksgiving** (8-12 minutes): Thank God for what He has done; also thank God for adversities, submitting to God's sovereignty. No intercessory requests during this time. "In everything give thanks; for this is the will of God in Christ Jesus for you." 1 Thessalonians 5:18 (NKJV)

**IV. Intercession** (30-40 minutes): According to the theme of the day, first pray the scriptures then pray for specific matters. Group 2-3 intercessors together.

**Intercessory Scriptures:**

For believers, choose a1 or a2

a1. Lord Jesus, thank You for the mighty power of Your cross that sets \_\_\_\_ free. Please help \_\_\_\_ to look to You, so that \_\_\_\_'s body, mind, soul, and relationships may be healed! Lord Jesus, \_\_\_\_ was bought at a great price with Your precious blood; therefore, may You be glorified in \_\_\_\_'s body. (Reference: [1 Corinthians 6:20])

a2. Thank You, Heavenly Father, that \_\_\_\_ has been crucified with Christ, so it is no longer \_\_\_\_ who lives, but Christ lives in \_\_\_\_\_. Now \_\_\_\_ lives in the flesh by faith in the Son of God. Thank You, Lord Jesus Christ, for loving \_\_\_\_ and giving Yourself for \_\_\_\_\_. Please help \_\_\_\_ to no longer live for self, but to live for the glory of God. (Reference: [Galatians 2:20])

For unbelievers

Heavenly Father, please give to \_\_\_\_ the spirit of wisdom and revelation so that \_\_\_\_ may know You. Open the eyes of \_\_\_\_\_, turn \_\_\_\_\_ from darkness to light, from the power of Satan to God,

so that \_\_\_\_\_ may receive forgiveness of sins and a place among those who are sanctified by faith in Jesus Christ. (Ephesians 1:17; Acts 26:18)

Pray for schools/workplaces: (5-10 minutes) Use scriptures "a" or "b" to pray for principals, teachers/bosses, employees; pray for spiritual awakening and revival, protection, etc.

**V. Pray for Nations, Churches/Organizations, and All People (5 minutes):** Pray freely for the following points as the Holy Spirit leads. **1. Nations:** nations and governments, those in authority, peace, justice, the spread of the Gospel, and the salvation of people; **2. Churches/Organizations:** churches, ministries, missions, and their leaders; unity, holiness, wisdom, strength, protection, and faithfulness in fulfilling God's calling; **3. All People:** families, children, young people, and those in need. (Note: Keep the content of intercession in the prayer room, do not spread it out!)