

Prayer Sheet 245: God Is Our Strong Refuge

Prepare Heart (Enter the Prayer Room 15 minutes prior, wait on God in praise and worship music)

I. Praise (12-15 minutes): Praise God for who He is, His attributes, His name, or His character (use short prayers with God's word, no intercessory requests during this time).

Attribute: God Is Our Strong Refuge

Declaration: God is our strong refuge, our shelter and strength. We trust in His protection and guidance and will enjoy peace and stability in Him.

Scriptures (ESV):

- [2 Samuel 22:32-33] For who is God, but the Lord? And who is a rock, except our God? This God is my strong refuge and has made my way blameless.
- [Psalm 9:7-9] But the Lord sits enthroned forever; he has established his throne for justice, and he judges the world with righteousness; he judges the peoples with uprightness. The Lord is a stronghold for the oppressed, a stronghold in times of trouble.
- [Psalm 27:1,3] The Lord is my light and my salvation; whom shall I fear? The Lord is the stronghold of my life; of whom shall I be afraid? Though an army encamp against me, my heart shall not fear; though war arise against me, yet I will be confident.
- [Isaiah 25:4] For you have been a stronghold to the poor, a stronghold to the needy in his distress, a shelter from the storm and a shade from the heat; for the breath of the ruthless is like a storm against a wall.
- [Jeremiah 16:19] O Lord, my strength and my stronghold, my refuge in the day of trouble, to you shall the nations come from the ends of the earth and say: "Our fathers have inherited nothing but lies, worthless things in which there is no profit."
- [Nahum 1:6-7] Who can stand before his indignation? Who can endure the heat of his anger? His wrath is poured out like fire, and the rocks are broken into pieces by him. The Lord is good, a stronghold in the day of trouble; he knows those who take refuge in him.
- [Joel 3:14-16] Multitudes, multitudes, in the valley of decision! For the day of the Lord is near in the valley of decision... The Lord roars from Zion, and utters his voice from Jerusalem, and the heavens and the earth quake. But the Lord is a refuge to his people, a stronghold to the people of Israel.

II. Confession (2-3 minutes): Confess and repent. "If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness." 1 John 1:9 (NKJV)

III. Thanksgiving (8-12 minutes): Thank God for what He has done; also thank God for adversities, submitting to God's sovereignty. No intercessory requests during this time. "In everything give thanks; for this is the will of God in Christ Jesus for you." 1 Thessalonians 5:18 (NKJV)

IV. Intercession (30-40 minutes): According to the theme of the day, first pray the scriptures then pray for specific matters. Group 2-3 intercessors together.

Intercessory Scriptures:

For believers, choose a1 or a2

a1. In the name of the Lord Jesus Christ, we proclaim that the Lord God is ____'s refuge. ____ has made the Most High their dwelling; no harm will overtake ____, and no disaster will come near ____'s tent. (Ref. [Psalm 91:9-10])

a2. Dear Heavenly Father, please help ____ to trust in You forever, for You are the eternal Rock. Help ____ not to rely on their own understanding but to acknowledge You in all their ways, and You will make ____'s paths straight. (Ref. [Isaiah 26:4], [Proverbs 3:5-6])

For unbelievers

Heavenly Father, please give to _____ the spirit of wisdom and revelation so that _____ may know You. Open the eyes of _____, turn _____ from darkness to light, from the power of Satan to God, so that _____ may receive forgiveness of sins and a place among those who are sanctified by faith in Jesus Christ. (Ephesians 1:17; Acts 26:18)

Pray for schools/workplaces: (5-10 minutes) Use scriptures "a" or "b" to pray for principals, teachers/bosses, employees; pray for spiritual awakening and revival, protection, etc.

V. Pray for Nations, Churches/Organizations, and All People (5 minutes): Pray freely for the following points as the Holy Spirit leads. **1. Nations:** nations and governments, those in authority, peace, justice, the spread of the Gospel, and the salvation of people; **2. Churches/Organizations:** churches, ministries, missions, and their leaders; unity, holiness, wisdom, strength, protection, and faithfulness in fulfilling God's calling; **3. All People:** families, children, young people, and those in need. (Note: Keep the content of intercession in the prayer room, do not spread it out!)