

Prayer Sheet 291. God Commands Us to Abstain From Fleshly Desires

Prepare Heart (Enter the Prayer Room 15 minutes prior, wait on God in praise and worship music)

I. Praise (12-15 minutes): Praise God for who He is, His attributes, His name, or His character (use short prayers with God's word, no intercessory requests during this time).

Attribute: God Commands Us to Abstain From Fleshly Desires

Declaration: God is holy and has called us to live a holy life. He gives us the cross and His power to put to death the desires of the flesh and to live a Spirit-filled life!

Scriptures (ESV):

- [Romans 13:13-14] Let us walk properly as in the daytime, not in orgies and drunkenness, not in sexual immorality and sensuality, not in quarreling and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires.
- [1 John 2:15-17] Do not love the world or the things in the world. If anyone loves the world, the love of the Father is not in him. For all that is in the world—the desires of the flesh and the desires of the eyes and pride of life—is not from the Father but is from the world. And the world is passing away along with its desires, but whoever does the will of God abides forever.
- [Galatians 5:24] And those who belong to Christ Jesus have crucified the flesh with its passions and desires.
- [Titus 2:11-12] For the grace of God has appeared, bringing salvation for all people, training us to renounce ungodliness and worldly passions, and to live self-controlled, upright, and godly lives in the present age.
- [1 Peter 2:11] Beloved, I urge you as sojourners and exiles to abstain from the passions of the flesh, which wage war against your soul.
- [1 Peter 4:1-3] Since therefore Christ suffered in the flesh, arm yourselves with the same way of thinking, for whoever has suffered in the flesh has ceased from sin, so as to live for the rest of the time in the flesh no longer for human passions but for the will of God. For the time that is past suffices for doing what the Gentiles want to do, living in sensuality, passions, drunkenness, orgies, drinking parties, and lawless idolatry.
- [2 Peter 2:9-10] The Lord knows how to rescue the godly from trials, and to keep the unrighteous under punishment until the day of judgment, and especially those who indulge in the lust of defiling passion and despise authority. Bold and willful, they do not tremble as they blaspheme the glorious ones.

II. Confession (2-3 minutes): Confess and repent. "If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness." 1 John 1:9 (NKJV)

III. Thanksgiving (8-12 minutes): Thank God for what He has done; also thank God for adversities, submitting to God's sovereignty. No intercessory requests during this time. "In everything give thanks; for this is the will of God in Christ Jesus for you." 1 Thessalonians 5:18 (NKJV)

IV. Intercession (30-40 minutes): According to the theme of the day, first pray the scriptures then pray for specific matters. Group 2-3 intercessors together.

Intercessory Scriptures:

For believers, choose a1 or a2

a1. Dear Heavenly Father, please help ___ to pursue peace with everyone and to seek holiness, for without holiness no one will see the Lord. According to Your will, discipline ___ so that ___ may benefit and share in Your holiness. (Ref. [Hebrews 12:10,14])

a2. Dear Heavenly Father, please help ___ to be willing to suffer in the body, using this mindset as a weapon to break away from sin. Strengthen ___ to rely on Your mighty power and to live as a strong

and courageous person, setting the mind on the Spirit to receive life. (Ref. [1 Peter 4:1], [Ephesians 6:10])

For unbelievers

Heavenly Father, please give to _____ the spirit of wisdom and revelation so that _____ may know You. Open the eyes of _____, turn _____ from darkness to light, from the power of Satan to God, so that _____ may receive forgiveness of sins and a place among those who are sanctified by faith in Jesus Christ. (Ephesians 1:17; Acts 26:18)

Pray for schools/workplaces: (5-10 minutes) Use scriptures "a" or "b" to pray for principals, teachers/bosses, employees; pray for spiritual awakening and revival, protection, etc.

V. Pray for Nations, Churches/Organizations, and All People (5 minutes): Pray freely for the following points as the Holy Spirit leads. **1. Nations:** nations and governments, those in authority, peace, justice, the spread of the Gospel, and the salvation of people; **2. Churches/Organizations:** churches, ministries, missions, and their leaders; unity, holiness, wisdom, strength, protection, and faithfulness in fulfilling God's calling; **3. All People:** families, children, young people, and those in need. (Note: Keep the content of intercession in the prayer room, do not spread it out!)