

Prayer Sheet 61: God Does Not Despise Our Tears

Prepare Heart (Enter the Prayer Room 15 minutes prior, wait on God in praise and worship music)

I. Praise (12-15 minutes): Praise God for who He is, His attributes, His name, or His character (use short prayers with God's word, no intercessory requests during this time).

Attribute: God Does Not Despise Our Tears

Declaration: God sees our tears and knows the sorrow in our hearts. He upholds the weak and will give comfort, strength, and hope!

Scriptures (ESV):

- [Psalm 56:8] You have kept count of my tossings; put my tears in your bottle. Are they not in your book?
- [Psalm 34:17-18] When the righteous cry for help, the LORD hears and delivers them out of all their troubles. The LORD is near to the brokenhearted and saves the crushed in spirit.
- [Psalm 51:17] The sacrifices of God are a broken spirit; a broken and contrite heart, O God, you will not despise.
- [Psalm 126:5-6] Those who sow in tears shall reap with shouts of joy! He who goes out weeping, bearing the seed for sowing, shall come home with shouts of joy, bringing his sheaves with him.
- [Isaiah 25:8] He will swallow up death forever; and the Lord GOD will wipe away tears from all faces, and the reproach of his people he will take away from all the earth, for the LORD has spoken.
- [2 Corinthians 1:3-4] Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God.
- [Revelation 21:4] He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away.

II. Confession (2-3 minutes): Confess and repent. "If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness." 1 John 1:9 (NKJV)

III. Thanksgiving (8-12 minutes): Thank God for what He has done; also thank God for adversities, submitting to God's sovereignty. No intercessory requests during this time. "In everything give thanks; for this is the will of God in Christ Jesus for you." 1 Thessalonians 5:18 (NKJV)

IV. Intercession (30-40 minutes): According to the theme of the day, first pray the scriptures then pray for specific matters. Group 2-3 intercessors together.

Intercessory Scriptures:

For believers, choose a1 or a2

a1. Scripture says that the LORD is close to the brokenhearted and saves those who are crushed in spirit. Heavenly Father, please draw near to _____. You know every sorrow in _____'s heart and see every tear. Comfort and uphold _____. Help _____ receive new strength in weakness, continue looking to You in sorrow, and find renewed hope in You. (See [Psalm 34:17-18])

a2. Scripture says that those who sow with tears will reap with songs of joy. Heavenly Father, please remember the tears _____ has shed before You and the prayers _____ has offered. Help _____ not to lose heart while waiting, but to trust that You are still at work and, in Your time, to experience Your comfort, renewal, and joy. (See [Psalm 126:5-6])

For unbelievers

Heavenly Father, please give to _____ the spirit of wisdom and revelation so that _____ may know You. Open the eyes of _____, turn _____ from darkness to light, from the power of Satan to God, so that _____ may receive forgiveness of sins and a place among those who are sanctified by faith in Jesus Christ. (Ephesians 1:17; Acts 26:18)

Pray for schools/workplaces: (5-10 minutes) Use scriptures “a” or “b” to pray for principals, teachers/bosses, employees; pray for spiritual awakening and revival, protection, etc.

V. Pray for Nations, Churches/Organizations, and All People (5 minutes): Pray freely for the following points as the Holy Spirit leads. **1. Nations:** nations and governments, those in authority, peace, justice, the spread of the Gospel, and the salvation of people; **2. Churches/Organizations:** churches, ministries, missions, and their leaders; unity, holiness, wisdom, strength, protection, and faithfulness in fulfilling God’s calling; **3. All People:** families, children, young people, and those in need. (Note: Keep the content of intercession in the prayer room, do not spread it out!)