

Prayer Sheet 8: God is the God of Strength

Prepare Heart (Enter the Prayer Room 15 minutes prior, wait on God in praise and worship music)

I. Praise (12-15 minutes): Praise God for who He is, His attributes, His name, or His character (use short prayers with God's word, no intercessory requests during this time).

Attribute: God is the God of Strength

Declaration: God will give strength to His people; He will bless His people with peace; the joy of the LORD is our strength.

Scriptures (ESV):

- [Isaiah 40:28b-31] The LORD is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and to him who has no might he increases strength. Even youths shall faint and be weary, and young men shall fall exhausted; but they who wait for the LORD shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.
- [Psalm 18:31-32] For who is God, but the LORD? And who is a rock, except our God?—the God who equipped me with strength and made my way blameless.
- [Psalm 28:7] The LORD is my strength and my shield; in him my heart trusts, and I am helped; my heart exults, and with my song I give thanks to him.
- [Psalm 59:16-17] But I will sing of your strength; I will sing aloud of your steadfast love in the morning. For you have been to me a fortress and a refuge in the day of my distress. O my Strength, I will sing praises to you, for you, O God, are my fortress, the God who shows me steadfast love.
- [Psalm 84:5-6] Blessed are those whose strength is in you, in whose heart are the highways to Zion. As they go through the Valley of Baca they make it a place of springs; the early rain also covers it with pools.
- [Philippians 4:13] I can do all things through him who strengthens me.

II. Confession (2-3 minutes): Confess and repent. "If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness." 1 John 1:9 (NKJV)

III. Thanksgiving (8-12 minutes): Thank God for what He has done; also thank God for adversities, submitting to God's sovereignty. No intercessory requests during this time. "In everything give thanks; for this is the will of God in Christ Jesus for you." 1 Thessalonians 5:18 (NKJV)

IV. Intercession (30-40 minutes): According to the theme of the day, first pray the scriptures then pray for specific matters. Group 2-3 intercessors together.

Intercessory Scriptures:

For believers, choose a1 or a2

a1. Heavenly Father, You are ____'s strength and shield; ____'s heart trusts in You, and ____ is helped. Please help ____ to trust in You firmly and to rejoice always, praising You with songs. (Psalm 28:7)

a2. Heavenly Father, please help ____ to be filled with the knowledge of Your will in all wisdom and spiritual understanding, that ____ may walk worthy of You, fully pleasing You, being fruitful in every good work and increasing in the knowledge of You; strengthened with all might, according to Your glorious power, for all patience and longsuffering with joy. (Colossians 1:9-11)

For unbelievers

Heavenly Father, please give to ____ the spirit of wisdom and revelation so that ____ may know You. Open the eyes of ____, turn ____ from darkness to light, from the power of Satan to God, so that ____ may receive forgiveness of sins and a place among those who are sanctified by faith in Jesus Christ. (Ephesians 1:17; Acts 26:18)

Pray for schools/workplaces: (5-10 minutes) Use scriptures "a" or "b" to pray for principals, teachers/bosses, employees; pray for spiritual awakening and revival, protection, etc.

V. Pray for Nations, Churches/Organizations, and All People (5 minutes): Pray freely for the following points as the Holy Spirit leads. **1. Nations:** nations and governments, those in authority, peace, justice, the spread of the Gospel, and the salvation of people; **2. Churches/Organizations:** churches, ministries, missions, and their leaders; unity, holiness, wisdom, strength, protection, and faithfulness in fulfilling God's calling; **3. All People:** families, children, young people, and those in need. (Note: Keep the content of intercession in the prayer room, do not spread it out!)